



**BUFFALO PLASTIC SURGERY**  
**DR. TAMARA B. DAWLI**

**PRE-OPERATIVE INSTRUCTIONS FOR LIPOSUCTION**

**FOUR WEEKS BEFORE SURGERY:**

- Medical clearance letter, laboratory tests and EKG (if they are required) must be done. Please send the written results of this testing to our office one week before surgery (our fax number is 716.407.6483).
- SURGERY WILL NEED TO BE CANCELLED IF THERE IS ANY CHANCE THAT YOU ARE PREGNANT.
- All fees are due, including surgical, facility and anesthesia at your preop appointment.
- Do not take any products containing aspirin, ibuprofen (Advil, Motrin), non-steroidal anti-inflammatory medication or Vitamin E for 2 weeks before surgery. Tylenol is acceptable.
- Refrain from all nicotine products for 4 weeks before and after surgery, including cigarettes, pipe tobacco, chew or Nicotine patches. Nicotine interferes with healthy circulation and may affect the result of your surgery. It also places you at higher risk of complication when receiving anesthesia.

**ONE WEEK BEFORE SURGERY:**

- Do not drink alcohol for 1 week before and after surgery.
- Please ensure that all laboratory tests and/or blood work has been completed by this time as ordered by the physician and the we have your medical clearance letter.. Our fax number is 716.407.6483

**THE DAY BEFORE SURGERY:**

- The Surgery Center will call you after noon to inform you of your arrival time for surgery.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (This includes water and gum chewing). Surgery may be cancelled if this is not followed. A fasting state is required in order to receive sedation for surgery. The only exception is medication, which we instruct you to take with a sip of water the morning of surgery.
- You should wash with an antibacterial soap (Chlorhexidine/Hibiclens) the night before surgery and the morning of surgery.

**DAY OF SURGERY:**

- You must shower and shampoo the morning of surgery. You should wash with an antibacterial soap (Chlorhexidine/Hibiclens). Do not wear makeup, hair sprays or gels. You may leave acrylic nails on.
- Please wear loose fitting clothing. Sleeveless shirt/blouse would be best.
- Do not wear jewelry, including body jewelry or bring valuables to surgery.
- If you have your menstrual cycle, please wear a feminine napkin. Do not wear a tampon.
- Do not wear underarm deodorant.