



BUFFALO PLASTIC SURGERY
DR. TAMARA DAWLI

2121 Main Street, Suite 207
Buffalo, NY 14214

phone 716.821.2935
info@buffaloplasticsurgery.com

INSTRUCTIONS AFTER GYNECOMASTIA SURGERY

- Wear your compression vest at all times for 6 weeks, ONLY remove for bathing
- If a drain is placed, bloody drainage is common and will reduce over the first 2 days. The bulb must stay compressed and drainage should be measured every 6 hours.

ACTIVITY

- Do NOT shower for 48 hours
- Do NOT drive for 1 WEEK after surgery
- NO lifting greater than 15 pounds or strenuous activity for 4–6 weeks

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescriptions have been ordered for you, please take as directed
- See Instructions on Medications after Surgery on our website under patient forms for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Excessive bleeding
- Increased swelling, redness and/or heat at operative site

Call Dr. Dawli with ANY problems that concern you: Phone 716.821.2935. If you need immediate attention, go to the nearest Emergency Department.