



**BUFFALO PLASTIC SURGERY**

**DR. TAMARA B. DAWLI**

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# Breast Augmentation (Breast Implants)

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[INFO@BUFFALOPLASTICSURGERY.COM](mailto:INFO@BUFFALOPLASTICSURGERY.COM)

# What is a BREAST AUGMENTATION?

Breast augmentation surgery involves using implants to increase the size of your breasts or restore breast volume that has been lost after weight reduction or pregnancy. Breast augmentation can:

- Increase fullness and projection of your breasts
- Improve the balance of your figure
- Enhance your self-image and self-confidence

Breast augmentation is a very personal procedure and you should do it for yourself, not for someone else.

Breast augmentation is a good option if:

- You are physically healthy
- You have realistic expectations
- Your breasts are fully developed
- You are bothered by the feeling that your breasts are too small
- You are dissatisfied with your breasts losing shape and volume after pregnancy, weight loss, or with aging
- You are unhappy with the upper part of your breast appearing “empty”
- Your breasts are asymmetrical
- One or both breasts failed to develop normally or have an elongated shape

## **What it won't do**

Breast augmentation does not correct severely drooping breasts. If you want your breasts to look fuller and to be lifted due to sagging, a breast lift may be required in conjunction with breast augmentation.

Breast lifting can often be done at the same time as your augmentation or may require a separate operation. Dr. Dawli will assist you in making this decision.

# Consulting and Preparing for Surgery

## **During your consultation, be prepared to discuss:**

- Why you want the surgery, your expectations and the desired outcome
- Medical conditions, drug allergies, and previous medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drug use
- Family history of breast cancer and results of any mammograms or previous biopsies

Dr. Dawli will also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- Examine and measure your breasts, including detailed measurements of their size and shape, skin quality, and placement of your nipples and areolas
- Take photographs
- Discuss your options and recommend a course of treatment
- Discuss likely outcomes of breast augmentation and any risks or potential complications

Prior to surgery, you may be asked to:

- Get a blood test
- Take certain medications or adjust your current medications
- Stop smoking
- Avoid taking aspirin and certain anti-inflammatory drugs as they can increase bleeding

Breast augmentation surgery may be performed in an accredited outpatient or ambulatory surgery center or a hospital.



# Augmentation Options

## Implant choices

Saline implants are filled with sterile salt water. Should the implant shell leak, a saline implant will collapse, and the saline will be absorbed and naturally expelled by the body. They provide a uniform shape, firmness and feel. Saline implants are FDA-approved for augmentation in women age 18 or older.

Silicone implants are filled with silicone gel. The gel feels a bit more like natural breast tissue. If the implant leaks, the gel may remain within the implant shell, or may escape into the breast implant pocket. A leaking implant filled with silicone gel will not collapse. If you choose these implants, you may need to visit your plastic surgeon regularly to make sure the implants are suctioning properly. An ultrasound or MRI screening can assess the condition of breast implants. Silicone implants are FDA-approved for augmentation in women age 22 or older.

## Other options

A fat transfer breast augmentation essentially uses liposuction to take fat from other parts of your body and inject it into your breasts. This is an option for women who are looking for a relatively small increase in breast size and would prefer natural results. Risks include cysts, infection, microcalcification, necrosis (death) of fat cells and the possibility that some of the transferred fat cells will leave the breast area. You may have to have touch-up injections to retain your improved shape if you choose this surgery.

Dr. Dawli will take into account your wishes and concerns and will choose the right breast augmentation option for you.

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"I concentrate on creating natural, beautiful results. I ultimately want to give you the best possible improvement while still maintaining your individuality." - Dr. Dawli



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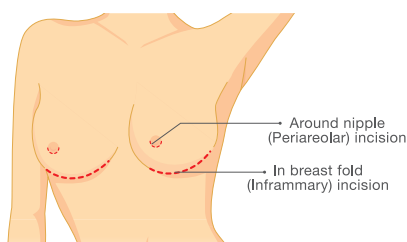
# The Procedure

## Step 1 – Anesthesia

Medications are administered for your comfort during the surgical procedure. The choices include intravenous sedation and general anesthesia. Your doctor will recommend the best choice for you.

## Step 2 – The Incision

Incisions are made in inconspicuous areas to minimize visible scarring. You and Dr. Dawli will discuss which incision options are appropriate for your desired outcome. Incision options include:

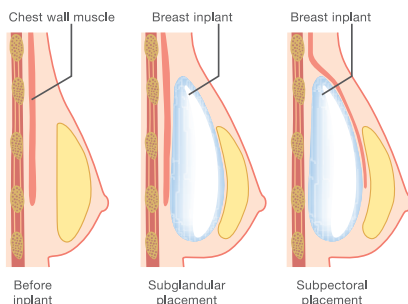


## Step 3 – Inserting and placing the implant

After the incision is made, a breast implant is inserted into a pocket either:

- A. Under the pectoral muscle (a submuscular placement), or
- B. Directly behind the breast tissue, over the pectoral muscle (a submammary/subglandular placement)

The method for inserting and positioning implants depends on the type of implant, degree of enlargement desired, your body type, and your surgeon's recommendations.





# The Procedure

## **Step 4 – Closing the incisions**

Incisions are closed with layered sutures in the breast tissue and with sutures, skin adhesive or surgical tape to close the skin.

Over time, the incision lines will fade.

## **Step 5 – See the results**

The results of breast augmentation are immediately visible. Over time, post-surgical swelling will resolve and incision lines will fade. Satisfaction with your new image should continue to grow as you recover and realize the fulfillment of your goal for fuller breasts.



# Risks & Safety

The decision to have breast augmentation surgery is extremely personal, and you'll have to decide if the benefits will achieve your goals and if the risks and potential complications are acceptable. Dr. Dawli will explain in detail the risks associated with surgery. You will be asked to sign consent forms to ensure that you fully understand the procedure and any risks and potential complications.

## **Possible risks include:**

- Anesthesia risks
- Bleeding
- Infection
- Changes in nipple or breast sensation
- Poor scarring of skin
- Wrong or faulty position of the implant
- Implant leakage or rupture
- The formation of tight scar tissue around the implant (capsular contracture)
- Fluid accumulation (seroma)
- Wrinkling of the skin over the implant
- Pain, which may persist
- Possibility of revisional surgery

These risks and others will be fully discussed prior to your consent. It's important that you address all your questions directly with Dr. Dawli.

Breast implants do not impair breast health. Careful reviews of scientific research by independent groups such as the Institute of Medicine have found no link between breast implants and autoimmune or other systemic diseases.

## *Other important considerations:*

- Breast implants are not guaranteed to last a lifetime, and future surgery may be required to replace one or both implants
- Pregnancy, weight loss and menopause may influence the appearance of augmented breasts over the course of your lifetime
- Breast augmentation requires regular examinations of your breasts' health and to evaluate the condition of your implants

# Recovery After Surgery

After surgery, you will be taken into a recovery area to be closely monitored. Your breasts will be wrapped in gauze dressings, and an elastic bandage or support bra will minimize swelling and support the breasts as they heal. You may be permitted to go home after a few hours.

Before leaving, you will be given specific instructions that may include how to care for your breasts following surgery, medications to apply or take orally to aid healing and reduce the risk of infection, and when to follow-up with Dr. Dawli. You may be instructed to wear a support bra around the clock for the first week or two. It will be important to cleanse the incision sites and apply ointment as directed. Be sure to follow all instructions carefully.

After a post-surgical recovery period of 24 to 48 hours and an additional reduced-activity period of a few days, you will likely experience soreness and swelling for a few weeks. Exercise and normal activity can resume at the direction of Dr. Dawli.

## Results

The results of breast augmentation are immediately visible. Over time, post-surgical swelling will resolve, and incision lines will fade. Satisfaction with your new image should continue to grow as you fully recover from surgery. In order to achieve optimal results, it is important that you follow post-operative instructions and return for follow-up visits.

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"I tailor my approach to each individual's desired goal and look. I aim to give the best possible result in the safest way possible."  
- Dr. Dawli



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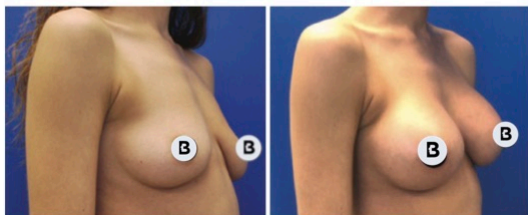


It's important to know that breast implants are not designed to last a lifetime. Your implants may need to be replaced. You should plan for an annual examination by Dr. Dawli to evaluate your breast health and implant integrity.

Over time, your breasts can change due to aging, weight fluctuations, hormonal factors and gravity. If, after a period of years, you become dissatisfied with the appearance of your breasts, you may choose to undergo a breast lift or implant exchange to restore a more youthful contour.

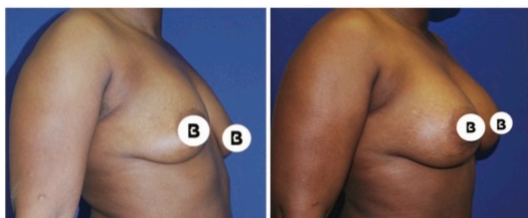


# REAL PATIENT GALLERY



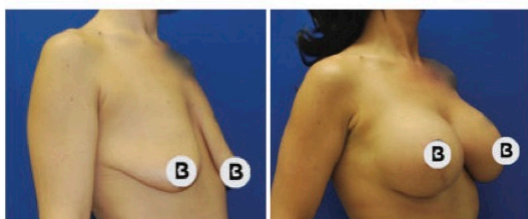
Before

After



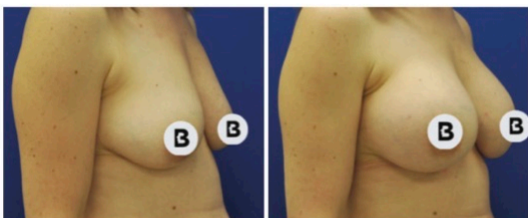
Before

After



Before

After



Before

After

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## DR. TAMARA DAWLI'S

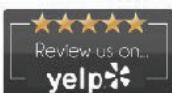
# REVIEWS

*Check out our reviews!*

"Dr. Dawli is an incredibly talented surgeon. She's hands-on with wonderful bedside manner. Prior to surgery, she gave me the confidence I needed to go forward with the procedure and I'm very grateful for that. The surgery went fast and the recovery has been smooth and steady. Two weeks after surgery and with two follow-up appointments, I'm already loving the outcome."

"My experience with Dr. Dawli was absolutely amazing! From the consultation to the actual surgery, Dr. Dawli was very knowledgeable about all aspects of the surgery. Her bedside manner is wonderful. During the consultation, she provided ample information regarding the procedure and outlined every aspect of the surgery. You can tell that she is up to date with the newest studies and practices."

I had a breast augmentation with Dr. Dawli. As soon as I met her I knew she was the right doctor for me. She is very professional and personable and I was very comfortable with her. She listened to what I wanted and answered all my questions before surgery, and she always emailed me back promptly."



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## SCHEDULE A CONSULTATION

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To learn more about an breast augmentation, schedule a consultation with American Board of Plastic Surgery Certified, Dr. Tamara B. Dawli, Western New York's premier cosmetic surgeon, and American Society of Aesthetic Surgery fellowship-trained plastic surgeon.

### **Dr. Tamara B. Dawli**

Board Certified  
Surgeon Plastic  
& Reconstructive

Specializing in  
Facial and Body  
Cosmetic Surgery



- Ivy League-trained in Plastic and Reconstructive Surgery at the prestigious Dartmouth-Hitchcock Medical Center
- Manhattan-based, Aesthetic (Cosmetic) Surgery Fellowship
- Trained with New York City's elite cosmetic surgeons
- Founder of Buffalo Plastic Surgery

## CALL, TEXT OR EMAIL FOR MORE INFORMATION

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2121 MAIN STREET, SUITE 207  
BUFFALO, NY 14214



716 • 821 • 2935



INFO@BUFFALOPLASTICSURGERY.COM



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